

## Getting Ready for Back-to-School

It's important to prepare your child for going back-to-school as early as possible to help them feel secure and confident about the up-coming year. Here are a few tips to help your child get ready.

## Back-to-School Tips

1. **Visit school with your child.** Ask if you can visit your child's teacher(s) or see where your child's classroom is located. Ask if there is a list of school supplies or paperwork you can fill out ahead of time. By doing these things, your child will feel more comfortable and less anxious about starting school.
2. **Buy necessary school supplies** a couple of weeks ahead to avoid the crowds.
3. **Keep a calendar of important events.** Mark any school-wide events, such as Open House.
4. **Make copies of all important documents** regarding your child's health and emergency information. Most physicals are good for a year and can be used for camps and extra-curricular activities.
5. **Start establishing earlier bedtimes** at least a week before school starts to help your child get back into a routine.
6. **Make a "homework area" in your home** and stock it with necessary supplies your child will need to complete homework throughout the year. Make sure it's in a quiet, well-lit location where you can offer support and guidance.
7. **Decide on an area where your child will keep belongings** (backpacks, books, etc.) so that you and the child will know where it is during the morning rush. Help your child learn responsibility by expecting him to clean out his backpack and show you folders or forms that have to be returned to school.
8. **Visit [www.kypirc.org](http://www.kypirc.org) for more resources and information throughout the year.**

## KYPIRC Mission Statement

*Coordinating services, sharing information, identifying resources, fostering contact, and creating a network to support the interest and needs of parents and schools, and subsequently improved academic achievement.*



*The sky's the limit  
 for student achievement when  
 parents are involved!*

## KYPIRC August Parent Trainings

### Western KY Regional Training

August 4; 9:30am—12:00 pm & 12:30 —3:00  
 "Middle School Success"  
 6th Grade Orientation  
 Christian County Middle, Christian Co.

### North Central KY Regional Training

August 5; 12:00 pm—2:30 pm  
 "Middle School Success"  
 Zoneton Middle School, Bullitt Co.

### Eastern KY Regional Training

August 9; 5:00 pm—7:00 pm  
 KYPIRC for Parents  
 Betsy Layne Elementary, Floyd Co.

***Please visit our website:***

**[www.kypirc.org](http://www.kypirc.org)**

*for more August training dates and other helpful information!*